



Fall 2015

A publication dedicated to health, plan benefits and agency news.

INSIDE THIS ISSUE

Officer Appointment	1
Damon Haycock, PEBP Executive Officer	1
Board Members	2
Executive Staff	2
Board Meetings	2
OneExchange Retiree Meetings	2
Medicare Open Enrollment	2
Treatment Cost	3
Get the Flu Shot, Not the Flu	3
Beneficiary Designation	4
Plan Contacts	4

POINTS TO REMEMBER

Contact PEBP if you are:

- Retiring
- Having a baby
- · Getting married
- · Getting divorced
- Moving

Applying for disability retirement?

You may also qualify for long-term disability benefits. Contact The Standard at 888-288-1270.

PEBP Board Appoints New Executive Officer

In July 2015, the PEBP Board appointed and Governor Sandoval approved Damon Haycock as PEBP's new Executive Officer. Mr. Haycock assumed his new position on August 24.

Mr. Haycock comes to PEBP from the State Health Insurance Exchange where he held positions as the Chief Operating Officer in February 2015, the Information Systems Project Manager in May 2014, and the Exchange's Finance and Research Officer in December 2012.

Mr. Haycock has the experience and expertise to meet the challenges ahead for the Program and has a proven record of operational leadership, strategy development and financial management.

Mr. Haycock has been collaborating with the Board, staff, and members of the program with a view to deliver innovative and cost effective health care benefits to PEBP participants.

Damon Haycock, PEBP Executive Officer

It is my honor and pleasure to be selected as the Executive Officer for the Public Employees' Benefits Program. I look forward to implementing the Board's vision, and I am anxious to work with participants, staff, and other stakeholders as we collectively propel the agency forward.

Health costs are rising, and our reserves are dwindling, and we all must expect difficult decisions in the future. I am dedicated to long-term plan sustainability and welcome input from everyone.

Communication is increasing. In-person education and outreach has recommenced, the agency website will be overhauled for relevancy and ease of use, and all functions within PEBP are being analyzed and adjusted where appropriate to ensure a high level of efficiency, added value and cost savings. But above all, the participant experience is one of my highest priorities. Whether you are a state employee, retiree, or non-state participant, all of you are important and your voices are heard. Please continue to reach out to my staff and I, and together we will bring both short-term and long-term solutions to current and future issues.

BOARD MEMBERS

Leo Drozdoff
Chairman
Dr. Jacque EwingTaylor
Vice-Chair
Ana Andrews
Donald Bailey Sr.
Dr. Chris Cochran
Rosalie Garcia
Jeffrey Garofalo
Robert T. Moore
Judy Saiz
James Wells

EXECUTIVE STAFF

Damon Haycock
Executive Officer
Laura Rich
Operations Officer
Kari Pedroza
Executive Assistant
Donna Lopez

Officer
Celestena Glover
Chief Financial
Officer

Quality Control

Chris DeSocio Chief Information Technology Officer Nancy Spinelli Public Information

Officer

SCHEDULED BOARD MEETINGS

October 29, 2015 November 19, 2015

To confirm meeting location, date and time, visit:

www.pebp.state.nv.us or call 775-684-7000 800-326-5496.

OneExchange Retiree Meetings

Whether you are already enrolled in a medical plan through OneExchange or a retiree aging into Medicare in the coming year, these meetings are for you. OneExchange will provide information on the following:

- How to prepare for the upcoming Medicare Open Enrollment
- Plan types and options
- Explanation of the HMO and PPO Medicare Advantage Plans
- Explanation of Medigap Plans, Prescription Drug (Part D), HMO, and PPO Medicare Advantage Plans.
- The transition and enrollment process for PEBP retirees aging into Medicare
- Health Reimbursement Arrangement (HRA) [eligibility and funding]
 - HRA reimbursement options
 - How to file requests for reimbursement
 - Direct deposit explanation and authorization
 - Examples of the plans offered in various counties including examples of monthly premiums

Please note, if you are already enrolled in a Medicare plan through OneExchange and are happy with your plan, you do not have to do anything. These meetings are for informational purposes only.

The meeting schedules are available at <u>www.pebp.state.nv.us</u> or for more information, please call the PEBP office at 775-684-7000 or 800-326-5496.



Medicare Open Enrollment October 15 to December 7, 2015

The Medicare Open Enrollment period is October 15 to December 7, 2015. This is the time of year to review your medical and/or prescription drug plan to compare the different costs and coverage of the plans in your area.

If what you have is working for you, you can relax and do nothing. Your coverage will continue as is.

If your health status or life circumstances have changed, then you may want to re-evaluate your plan options to compare coverage options and costs through OneExchange.

If you decide you want to make changes to your coverage, <u>remember</u> to make your changes through OneExchange to avoid losing your basic life insurance and monthly Health Reimbursement Arrangement (HRA) funding.

To learn more, contact OneExchange at 888-598-7545 or visit wwwMedicare.OneExchange.com/pebp.

Comparing Health Care Costs Just Got Easier!

Treatment Cost Estimator

As a Consumer Driven Health Plan member, you have a powerful tool on your side when you're facing important treatment decisions. Our new Treatment Cost Estimator lets you and your family members compare different treatment costs and out-of-pocket amounts instantly! You'll receive a real-time cost estimate based on your remaining deductible and out-of-pocket maximum, plus a breakdown of the total treatment cost including office visits, inpatient/outpatient hospital services and other services. Find costs for your doctor or compare costs between different health care providers. This easy-to-use online tool can help you budget and plan for future healthcare expenses. Some of the features available include:

- Ability to browse treatments and conditions
- Zip code entry
- The out-of-pocket calculations takes into account your benefits and progress toward your deductible and annual out-of-pocket maximum

To give it a test drive, log into the E-PEBP Portal at www.pebp.state.nv.us, then select *HealthSCOPE Benefits*. Once you have accessed your HealthSCOPE Benefits account, then select HealthSparq Cost Estimator.

Get the Flu Shot, Not the Flu

Every winter season the flu circulates the globe and presents differently each season. The vaccinations that you received last year will not protect you against this year's strain, so make sure you get your flu vaccine this season and not the flu.

Whether you are enrolled in the Consumer Driven Health Plan (CDHP), Hometown Health Plan (HHP) or Health Plan of Nevada (HPN), your flu shot is covered when obtained from a participating provider. For information about flu shot clinics and participating pharmacies in your area, please select from the following:

- Carson City Flu Shot Clinics will be held at the Bryan Building on October 19th and November 2nd. View details here: http://www.pebp.state.nv.us/information/CarsonCity PY16.pdf
- Reno/Sparks Flu Shot Clinics will be held at various locations in September, October, November, and December. View details here: http://www.pebp.state.nv.us/information/PY16 Reno Sparks.pdf
- Health Plan of Nevada (HPN) participating pharmacies and clinics. View details here: http://www.pebp.state.nv.us/information/HPN PY16.pdf



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Twitter.com/NVPEBP

We're in this together

Beneficiary Designation

When was the last time you updated your beneficiary designation with The Standard Insurance Company? If you're not sure whether you have a beneficiary designation on file with Standard, or if you need to update your beneficiary(ies), you can do that today. To download the Beneficiary Designation Form for Basic Life and Voluntary Life Insurance coverage visit https://www.standard.com/mybenefits/nevada/. Without a beneficiary designation on file, Standard Insurance will pay life insurance benefits in accordance with the policy terms as follows:

- 1. Your Spouse
- 2. Your Children
- 3. Your Parents
- 4. Your Brothers and Sisters
- 5. Your Estate



Administrator	Phone
Public Employees' Benefits Program	775-684-7000 or 800-326-5496
HealthSCOPE Benefits	888-763-8232
Statewide PPO Network	800-336-0123
First Health Network	800-226-5116
Catamaran	800-799-1012
Hometown Health Providers (Utilization and Case Management)	775-982-3232 or 888-323-1461
Hometown Health Plan (HMO)	775-982-3232 or 800-336-0123
Health Plan of Nevada (HMO)	702-242-7300 or 800-777-1840
Towers Watson's OneExchange	888-598-7545
Diversified Dental Network	866-270-8326 Northern NV
	800-249-3538 Southern NV
Standard Insurance Company	888-288-1270